

SHARADA DEVI/CHRISTIANE

SHARADA DEVI born in FRANCE passed a large part of her life overseas in the islands of GUADELOUPE, MARTINIQUE and TAHITI in the south of Pacific

She practiced figure skating and ice dancing in France and Switzerland; passionate about dance she pursued many different sorts of dance training like modern jazz dance ,modern ka dance,african dance .

She practiced a lot of sports like skiing,snowboarding in France ,surfing in Martinique , deep sea diving in Tahiti .

Sharada Devi is an artist too ;she had numerous pastel exhibitions with her favorite theme of dance.

At the age of 30,Sharada devi began to study yoga ,following teachings of VAN LYZEBETH in France ,then in Guadeloupe, Martinique,Tahiti.

In 2011 Sharada Devi left her professional life ;

in 2013 she prepared a teacher training of SIVANANDA hatha yoga and began teaching yoga in TAHITI (page facebook :Sivananda yoga tahiti).

In 2014 Sharada Devi is certified as an advanced yoga instructor by the International Sivananda yoga Vedanta center ;

In 2015 ,caught by her love of dance she is certified as an artistic yoga teacher (500hours) in PARIS by the International Union of artistic yoga and authorized to teach somayog by continued training.

In September 2015 Sharada Devi left TAHITI to become a volunteer in AUROVILLE ,spiritual place of SHRI AUROBINDO in the south of INDIA,where she is teaching french in a language laboratory and gives classes in somayog ,hatha yoga and artistic yoga in the guesthouse where she stays .

In November 2016 she is certified as an ashtanga vinyassa yoga teacher in BALI

In January 2017 to the end of March she taught sivananda and ashtanga yoga in quiet healing center in AUROVILLE (INDIA)

In october 2017 she taught in vedic arogya ashram in NEPAL near

Katmandou and in November in Nepalayam eco guesthouse ,Pokhara

January to april 2018 she taught french advanced classes again to language laboratory of AUROVILLE and gave some yoga classes

In MAI 2018 she is volunteering in KARNATAKA to teach yoga to indian children in a school « KALKERI SANGEET VIDALAYA »

September to november in a camp surf Montanita in ECUADOR

December to january 2019 in a yoga retreat center in AUSTRALIA in the Kenthurst near Sydney

February 2019 in Vinodhara guesthouse Mahabalipuram Tamil nadu INDIA

April 2019 she is certified 100hours yin yoga teacher in Rishikesh

May 2019 she is teaching in Lagarto na banana surf center in Pipa Brazil

September to January 2020 she is teaching in Colombia :hostel El Rio in Buritaca and in Entremonte wellness resort in Apulo

Sharada Devi ,expert in education (Institute of higher Education in Paris) involved in art therapie and yoga therapy ,enjoy traveling, making intercultural encounters, sharing her love for yoga to others along the way .